

## **Cervical-Spine Injury and Quadriplegia Resulting from “Break Dance”**

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**We present a case of a rare cause of cervical spine injury and quadriplegia, an injury secondary to break dancing.**

**A nineteen-year-old male presented with quadriplegia; he sustained an injury while performing “break dancing”. To our knowledge, it is the first case of cervical spine injury reported after break dance in GCC states.**

**Cervical injuries and quadriplegia secondary to break dancing have rarely been described. Compared to other forms of recreational dance, break dancing may cause serious, life-threatening injuries.**