

Acute Encephalopathy in a Healthy 6-Year-Old

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Acute Necrotizing Encephalopathy of Childhood (ANEC) is a rare complication of post-infectious encephalopathy.

We report a six-year-old girl who presented to the emergency department with history of headache, seizure and rapid deterioration in the consciousness level, preceded by a history of upper respiratory viral infection. The neuroradiological images revealed extensive thalamic lesions bilaterally, suggestive of ANEC. The patient was treated with IV pulse steroid therapy, and the outcome was full recovery of the clinical condition.