

Topical Steroids Induced Adrenal Insufficiency

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Topical steroids are considered to be a treatment option for many dermatological conditions. One of the major systemic side-effects of the topical steroids is the suppression of the hypothalamic-pituitary-adrenal axis resulting in adrenal insufficiency.

A fifty-year-old female with a known case of Xerosis was using diluted clobetasol propionate 0.05% cream and developed secondary adrenal insufficiency due to misuse of the topical steroid.