Bahrain Medical Bulletin, Vol. 36, No. 4, December 2014

Late Presentation of Ovarian Torsion

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Ovarian Torsion (OT) is a gynecological emergency that requires quick recognition and prompt treatment to save the ovary in females of reproductive age. When the torsion occurs in the right ovary, the symptoms may be confused with the appendix. In our patient, right sided ovarian torsion was suspected as appendicitis. After 17 hours of delay, instead of removal of the ovary, de-torsion and preservation of the ovary was done despite that part of the ovary and the fallopian tube were ischemic, edematous and appeared necrotic. On follow-up, signs, symptoms and ultrasound suggested that the ovary survived. This case highlights that delayed de-torsion of adnexa has a place in the management of adnexal torsion.

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