

Tonsillectomy in Saudi Arabia

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Objectives: Survey of otolaryngologists in Saudi Arabia regarding the indications of tonsillectomy, the signs and symptoms they depend upon, the value of history, their method of tonsillectomy and postoperative analgesics used.

Methods: A questionnaire was sent to 185 otorhinolaryngologists and their replies were analyzed.

Results: Recurrent tonsillitis, peritonsillar abscess and sleep apnoea syndrome were on top of the list of indications. The history of infection and symptomatic tonsils were considered most important. The dissection method of tonsillectomy was the favourite and paracetamol the most commonly prescribed post operative analgesic.

Conclusion: The view of otolaryngologists practicing in Saudi Arabia seems to be in line with international standards in reference to tonsillectomy. Recurrent tonsillitis was the commonest indication and the dissection method was the favoured method.