

Medical News

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Zallaq health centre joined the service

The Minister of health had officially opened Zallaq health centre for public service on 9th of March 2007. The building of the centre rests on an area of 3400 m² and cost 95000 BD. The centre serves a population of 2200, and 17 ministry employees are working in this health centre. This is the 21st health centre in Bahrain. Four more health centers are scheduled to join the service shortly. The centre contains all the major departments of any modern health centre; it has fully functioning laboratory services, pharmacy, maternity and child health section.

The Anti-Smoking National committee launches its first conference

The ant-smoking national committee has held its preparatory meeting for its first conference to be held in February 2008. The conference theme will be "Towards health promotion policies in Tobacco control". The conference will include lectures and workshops about the magnitude of the problem, disease burden and the role of the non-governmental organizations (NGOs) in controlling Tobacco use.

MOH strategies to combat Bird Flu in a press conference

In a press conference held at public health building in 22nd March 2007, the MOH declared its national strategy to combat bird flu epidemic. The strategy involves ways to prevent the entrance of the disease in the country as well as ways to prevent its spread in case infection has been recorded in the kingdom.

Breast Feeding Policy Promoted in a Workshop

In a workshop held in Hamad Kanoo health centre on 15th March 2007, the breast feeding policies were promoted and methods to enforce such policies were discussed. Examples of such policies include providing breast feeding room in each health centre, hospitals and public areas. The workshop stressed on the role of nurses in strengthening such policies through training and educating the public.

Two-kg Spleen removed using laparoscopic surgery

A surgical team in SMC headed by Dr Khalifa Bin-Dina has successfully removed a two-kg spleen using laparoscopic technique. "This is the first time a spleen of that size to be removed via laparoscopy", the medical team declared. The patient, who is a 22 years old sickle-cell disease lady had a smooth recovery period and was discharged safely from hospital.

A workshop about diabetic retinopathy in primary care

The ophthalmology department in SMC organized a workshop about diabetic retinopathy, which was held in Gulf hotel on 3rd of April 2007. The workshop stressed on the early detection of retinopathy in diabetics using digital camera as a screening method followed by a reading by an ophthalmologist and a family physician.

A workshop about spinal cord injuries in AGU

The Department of Neurological Sciences in the SMC in collaboration with the Neurological Science Association arranged a workshop about spinal cord injuries. More than 50 specialists lectured in this event. The department receives more than 150 cases per year, said Dr Taha Al-Derazi, chairman of the department. Seventy percent of the cases are due to fall and 7% end up with some form of deformity. The patient costs the MOH BD500 per day inclusive of hospital stay, physician consultation and physiotherapy rehabilitation. Dr Derazi pointed out to the paucity of rehabilitation centers in Bahrain making the process of rehabilitation more difficult.

Ghazali Building opened

Ghazali building, which is part of psychiatric hospital, was officially opened by the Undersecretary, Dr Aziz Hamza, and the ambassador of Kuwait. The building hosts 142 beds, and 158 employees. The building contains juvenile wards, forensic psychological department, and a modern psychotherapy unit.