

Talent in Medicine

The medical profession is not different from other workforce sharing with them all common interests, hobbies and talents. The majority of these activities are unrelated to medicine. Many are musicians, performers, artists, writers, critics, astronomers, photographers, etc., not to mention their excellence in the world of sports. On the other hand, there are also instances when the practice of these activities takes the form of applied interpretation of what they know in human pathobiology and the concerned function. Thus, some may be historians of clinical practice, clinical pharmacologists of locally used herbs, or clinical therapists of locally practiced folk medicine.

This section of the Bahrain Medical Bulletin will be devoted to “Talents in the Medical Profession” to show and exchange with others common interests and applied experience. Contributors are therefore welcomed to submit their presentation. This issue contains two poems titled “**No Comments!**” and “**Doing without Seeking?**”

The Chief Editor

No Comments!

This world is not worth commenting upon!
What shall I say?
Whatever I say soon comes to naught,
For the world that seems now, tomorrow it is not.

I make my opinions from Newspapers and TV,
Next day the topic is different, opinion is varied.
I keep commenting with them and they keep changing,
I'm fed up with this yes and no, twisting and turning.

When I walk in the morning with my partner,
She can't stop commenting on all that she sees.
I don't.
I don't comment on anything and I too am at peace.

I observe keenly and am aware of everything,
I don't feel I can add value by my comments on anything.
Whatever is, is! I let it be as it is. I'm in full acceptance,
My head remains free, that's the value of acceptance.

When I walk, I walk!
Then In my head I do not talk.
I talk when I walk,
I walk when I walk!

This fickle world is not worth commenting upon,
I act when action is needed; I can't keep commenting on and on.
Commenting is futile if there is no action to launch,
Commenting, criticizing is action for some but I can't understand.

Doing without Seeking?

Why should I work without seeking my rewards?
It's crazy if you expect from me not to look for the reward!
Who but who does any work but not seek its reward?
It's not possible; it's impossible to work without a reward.

Those who run for rewards are they truly a happier lot?
They live with stress, fear, palpitation, tension and a whole lot.
They dangle between hope of success and fear of failure; an unstable lot,
They're always lacking something despite whatever they have got!

If you knew you were born whole, complete and full,
That you were the source of happiness and joy soulful!
That nothing gained from outside could make you feel more full,
That 'you are that' who is already, always internally full!

If you knew the truth, would you still seek external rewards?
When you feel they'll enhance you in some way, you seek rewards.
You seek rewards to boost an artificial, false low image of yourself,
You won't seek rewards if you felt, "I'm Okay"; with no image of yourself.

Why work if I were not to seek any reward?
What is to be my motivation for work if there is no reward?
Now tell me what is a Prince's motivation? He plays a game just for fun,
You are that Prince, let your work be for distributing your joy and fun.

When your work is your passion, it gives you ample contentment and joy,
Rewards of work follow by laws of Nature; don't worry about them, live in joy.
By not worrying about rewards, you save yourself from frustration and pain
Whatever comes you welcome, you refuse to live in fear, sorrow or pain.

This is how you make victory or defeat, gain or loss, look and feel the same,
Your joy and happiness being independent of them, so life becomes a game!
Equanimity, imperturbability is the inner reward if you don't seek external rewards,

Choose between this way of life and the killjoy frustrations of running for rewards.

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