

First Case Report: Dramatic Response of Depersonalization Derealization Disorder to an Eradication Therapy of Helicobacter Pylori Infection

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ABSTRACT

Depersonalization and derealization are common dissociative symptoms in the general population and are frequently temporary. Depersonalization derealization disorder (DDD) is a diagnosis for which there is little evidence of successful treatments, and no approved pharmaceutical treatments are currently available. We present the case of a young guy who presented with symptoms that were consistent with DDD. SSRIs, tricyclic antidepressants, antipsychotics, and antiepileptic medicines all failed to work for him. After receiving eradication medication for H. pylori infection, his condition dramatically improved. Given that we don't know the etiology of DDD and currently there aren't any approved treatments for it, we need to understand more about the link between H. pylori infection and its treatment and DDD.

Keywords: Depersonalization, Derealization, Helicobacter pylori, Concomitant therapy

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