

Descriptive Analysis of admissions to Bahrain Psychiatric Hospital: A Retrospective Study

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ABSTRACT

Objective: To assess the pattern of serious mental illnesses in Bahrain.

Design: A Retrospective Cross-Sectional Study.

Setting: General adult in-patient psychiatry wards, Psychiatric Hospital, Ministry of Health, Bahrain.

Method: One hundred and eighty patients were included in the study from January to June 2019. The inclusion criteria were 18-65 years and those who had first contact with the psychiatric hospital. Patients with a known history of substance abuse were excluded.

Result: The majority of cases suffered from schizophrenia and related psychoses 114 (63.3%), bipolar affective disorder 33 (18.3%), and depressive disorder 11 (6.4%).

Conclusion: Males, younger age, and individuals with low education and income were all at risk of admission to the psychiatric hospital.

Keywords: Psychiatric, Schizophrenia, Serious Mental illness, Depressive disorder

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