

The Relationship Between Attachment Styles and Locus of Control Among Psychiatric Nursing Students: Understanding Psychological Well-being

Ashwan Abdulzahra Hashim, PhD* Ali sabry al-yasari, MSN** Safi Al-zeyadi, PhD***

ABSTRACT

A descriptive quantitative study design conducted to identify Relationship of Attachment styles and Locus of control so that the research uses non-probability (convenience sampling) of 205 students from the University of Kerbala. It contains three sections. First, the sociodemographic data consisting of (5) items which include age, gender, residence, marital status and the stage. Second, Attachment styles measure scale this part consists of 27 items. Third, Locus of Control measure scale consists of 58 items, 29 items for internal locus of control and 29 items for external locus of control. The results: According to the data analysis of the study, only secure attachment style has a relationship with internal/external locus of control among study subject. In addition, we reached the result that there is no relation between (avoidant, anxious/ambivalent) attachment style and locus of control among study subject. Conclusions: According to the present study finding, only secure attachment style has a relationship with internal/external locus of control among study subject. In addition, the study reached the result that there is no relation between (avoidant, anxious/ambivalent) attachment style and locus of control among study subject. This may relate to culture differences or child rearing in each society. Therefore, it can be said that, the relationship between attachment styles and locus of control is shaped based on people's knowledge of the environment and situation. It depends on the acquired self-esteem, anxiety, depression, socioeconomic status, age, culture, beliefs, religion, the meaning, motive and life purpose each person had, and helplessness and the degree of an individual's responsibility, all these factors effecting of how could individuals' belief of controllability over what happens to them in life

Keywords: Attachment Styles, Locus of Control, Psychological Well-being

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* Assistant Professor, Department of Medicine, Medical College,
University of Kufa, Najaf.
Email: ashwana.aljanaby@uokufa.edu.iq

** Assistant Lecture, Psychiatric Nursing Department
College of Nursing, University of Kerbala, Iraq.

*** Professor, Psychiatric Nursing Department
College of Nursing, University of Kerbala, Iraq.