

Intrauterine Fetal Death in a Torted Gravid Uterus

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It is normal to find a gravid uterus rotated by the third trimester; however, rotation beyond 45 degrees is rarely seen and is considered pathological.

A thirty-six-year-old, gravida 8, para 5, abortion 2, with a singleton pregnancy, at 36 weeks of gestation, was admitted to the antenatal ward with uterine cramping and absent fetal movements. The patient had four uncomplicated term vaginal deliveries and one C-section. The lie of the fetus was oblique, and the patient had a spontaneous vaginal leak. An emergency Cesarean section was performed. At the time of C-section, the diagnosis of uterine torsion was made, and uterus was detorted. A macerated fetus was delivered. The patient had peritonitis most probably because of spontaneous rupture of membranes. She recovered with treatment and was discharged home on the tenth postoperative day.

Uterine torsion is a rare, potentially dangerous complication that mainly occurs in the third trimester of pregnancy, putting the mother and fetus at a serious risk