

## Talent in Medicine

The medical profession is not different from other workforce, sharing common interests, hobbies and talents. The majority of these activities are unrelated to medicine. Many are musicians, performers, artists, writers, critics, astronomers, photographers, etc., not to mention their excellence in the world of sports. On the other hand, there are also instances when the practice of these activities takes the form of applied interpretation of what they know in human pathobiology and the concerned function. Thus, some may be historians of clinical practice, clinical pharmacologists of locally used herbs or clinical therapists of locally practiced folk medicine.

This section of the Bahrain Medical Bulletin will be devoted to “Talents in the Medical Profession” to show and exchange with others common interests and applied experience. Contributors are therefore welcomed to submit their literary works. This issue contains two poems titled “**W.W.W. - The Word Wide Web!**” and “**Watch Your Head!**”.

**The Chief Editor**

### **W.W.W. - The Word Wide Web!**

Young or old, we are all caught up in the net of w.w.w.,  
It's a web that entangles; everybody knows this w.w.w.,  
We knowingly and lovingly get caught up in the web called  
w.w.w.  
It is good; it is useful but nevertheless enslaves us, this w.w.w.

It is catching, it is attractive, it is addicting, this web of w.w.w.  
It is Universal, it's not local; this web you know as w.w.w.  
It's rare to see someone liberated from this w.w.w.  
Very few seek freedom from this cobweb of w.w.w.

This Word – Wide - Web is very wide, attractive and addicting,  
We get caught up with words, even though it is often so  
afflicting.  
He said this to me and why she didn't say that to me?  
Words hurt people and they cry, 'you hurt me'!

'Sorry', 'Thank You', 'I love you', are the words that we  
cherish,  
'You stupid' and similar words, we feel are such a blemish.  
Some words elate you and some would depress,  
Words catch you unawares; they work with a speed called  
express.

World Wide Web of internet is addicting and well known,  
But this Word – Wide - Web is ghastly, yet relatively unknown.  
We learn a language with such fanfare and acclaim,  
But the same learnt words trap us and sometime even maim.

The net, the forest and web of words is so wide, broad and  
deep,  
Many have drowned in words and have lost their sleep.  
If you can be free of words, even for some time of the day,  
You found the secret of freedom and peace will follow you  
night and day.

### **Watch Your Head!**

“Watch your step” is posted when the floor is wet,  
“Watch your step” is advised when alighting from a train's  
doorstep.  
“Watch your step” is exhorted before you take life's next step,  
You may fail, fall or injure yourself if you don't watch your  
step.

“Watch your head” is written where ceiling or entry is low set,  
You may injure your head if you forget to see or heed the  
warning epithet.  
“Watch your head” and while driving a motor bike protect it  
with a helmet,  
“Watch your head” because injury to head can be to our life, a  
great threat.

“Watch your head” day and night for what goes on within,  
What thoughts are going on unhindered within?  
If you don't watch who else would do the watching,  
You are done if you give up the responsibility of watching.

“Is there too much imagination going on within?” Perhaps!  
Drop it now,  
“Is there too much brooding going on in the head?” Indeed!  
Drop it now.  
“Is there too much of self-talk going on within?” Of course!  
Just drop it.  
No one is there to talk to, so you keep talking to yourself? It's  
Crazy! Drop it.

“Let go!” “Let go!” “Let go!” Don't hold anything in your head  
for long,  
Headache will accompany you if you hold things too long.  
Grievances, grouses, hurts, mistakes, errors are part of  
everyone's life,  
Let go, drop all and move on in acceptance; you will see the  
joys of life!

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March 2020 marked 24 years since the Bahrain Medical Bulletin has started publishing Dr. Anil Chawla's poems. His first poems were published in the March issue of 1996.