

Effect of an Educational Program on Critical Care Nurses' Attitudes toward Ethical and Legal Aspects: A Quasi-Experimental Study

Saeer Naheem Taha*, Shatha Saadi Mohammed*

ABSTRACT

Ethics for professional nurses involves both attitude and action to provide the best care and support, ensuring the physical, mental, and emotional well-being of each patient. Additionally, understanding nurses' attitudes toward legal issues can provide insight into their preparedness and confidence in navigating legal situations. To evaluate the Effect of an Educational Program on Critical Care Nurses' Attitudes toward Ethical and Legal Aspects. AL-Imam Alhussain Medical City was the first of two government facilities in the sacred city of Karbala. A quantitative study using a quasi-experimental design was conducted, involving two groups in the critical care units. Second, there is the Imam Al-Hassan Al-Mujtaba Teaching Hospital. Between August 1st and November 30th, 2025. A total of 100 nurses working in critical care were selected using non-probability convenience sampling techniques. The results showed a significant improvement in nurses' attitudes toward ethical and legal issues in the experimental group over time, whereas no significant change was observed in the control group. Furthermore, the independent-samples t-test revealed a statistically significant difference in nurses' attitudes toward ethical and legal issues between the two groups ($t = 6.38$, $p < .001$), confirming the educational program's effectiveness in improving nurses' attitudes. The research results demonstrated a significant relationship between nurses' attitudes toward ethical and legal concerns and their experience and prior training. These results imply that professional experience and focused training play a critical role in forming attitudes.

Keywords: attitudes, critical care, ethical and legal issues, educational program.

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* College of Nursing, University of Babylon
Iraq.
Email: nur251.saeer.naeen@student.uobabylon.edu.iq