

Medical Quiz

Nasir Muwfaq Younis, Ph.D*

Mr. Ali is a 76 year-old Iraq male who lives in an apartment that adjoins his son's house. Mr. Ali is accompanied to this clinic visit by his son, who assists with the history. Although previously outgoing and social, Mr. Ali recently has been limiting his outside activities and imbalance in movement ?



Figure 1

Q1. For self-risk assessment . I advised to use a cane or walker ?

Q2. Do you have the ability to rise from the chair without using his arms to push himself up?

Q3. Mr. Ali stated that he has felt dizzy when he stands up after sitting or lying down and that he often needs to “catch himself” on furniture or walls shortly after standing?

Answers on page 1367

* Associate Professor
Nursing College-University of Mosul, Iraq
E-mail: nasir.muwfaq@uomosul.edu.iq