

# Treatment Outcomes of Post Cataract Surgery Endophthalmitis in Kingdom of Bahrain

Haneen H. Alaali, MBBS, CABS(Ophth), MRCSEd (Ophth), FICO\*

## ABSTRACT

**Purpose:** Endophthalmitis after cataract surgery is an uncommon but extremely feared and devastating complication, which requires prompt recognition and appropriate treatment in order to prevent a poor visual outcome. This study was conducted to evaluate the incidence, clinical features, causative organisms, and the final visual outcomes associated with endophthalmitis post cataract surgery.

**Methods:** This is a retrospective study of all eyes with endophthalmitis within 6 weeks of cataract surgery between January 1, 2014 till December 31, 2018, and with at least 3 months follow-up.

**Results:** The 5-year incidence of acute-onset endophthalmitis after cataract surgery was 293.9 per 100,000 (0.29%); 263.5 per 100,000 (0.26%) for phacoemulsification and 545 (0.54%) for ECCE ( $P= 0.294$ ). The main presenting features were pain (100%), corneal edema (90%) and vitritis (90%). The culture reports showed 2 cases of *Staphylococcus epidermidis*, 2 cases of *Streptococcus* species, 1 case of *Candida*, 1 case of *Enterococcus*, and 1 case of gram-negative bacilli. Of the 10 patients, 2 (20%) had a final best corrected visual acuity (BCVA) of 20/200 or better, 3 (30%) had visual acuity of counting fingers, 3 (30%) had a final BCVA of light perception and 2 (20%) had a final BCVA of NPL.

**Conclusion:** The final visual outcomes of post cataract surgery endophthalmitis are generally poor and only 20% of the eyes achieved a BCVA  $\geq 20/200$ . Prevention and care of post cataract endophthalmitis play a key role in the prevention and treatment of blindness.

**Keywords:** Endophthalmitis, Extracapsular Cataract Extraction, Phacoemulsification, Microbiology, Visual Outcome, kingdom of Bahrain

*Bahrain Med Bull 2021; 43 (3): 542-546*

---

\* Chief Ophthalmology Resident  
Salmaniya Medical Complex,  
Kingdom of Bahrain  
E-mail: halaali888@gmail.com