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Job Satisfaction Survey of Healthcare Workers in the Psychiatric Hospital

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Objective and Background: Various studies on job satisfaction have been performed on healthcare workers in mental health setting; however, no previous research have investigated the topic in the Bahraini mental health services. The aim of this study is to identify the level of job satisfaction of healthcare workers in the psychiatric hospital.

Design: Survey.

Setting: Psychiatric Hospital.

Method: Census of all clinical mental health staffs (N=261) working in the psychiatric hospital were invited to complete Spector's Job Satisfaction Survey (JSS).

Result: One hundred and fifty-three provided usable responses, indicating an average level of satisfaction of 130, which is between satisfaction and indifference. 'Nature of work', 'supervision', 'co-workers' and 'communication' showed high levels of satisfaction compared to 'operating conditions' (pay, promotion, rewards and benefits), which showed an ambivalent or indifferent levels of satisfactions.

Conclusion: This study revealed that the staff of psychiatric hospital are generally satisfied. The staff were highly satisfied with nature of work and dissatisfied with benefits.

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