

TALENT IN MEDICINE

The medical profession is not different from other workforce sharing with them all common interests, hobbies and talents. The majority of these activities are unrelated to medicine. Many are musicians, performers, artists, writers, critics, astronomers, photographers, etc., not to mention their excellence in the world of sports. On the other hand, there are also instances when the practice of these activities takes the form of applied interpretation of what they know in human pathobiology and the concerned function. Thus some may be historians of clinical practice, clinical pharmacologists of locally used herbs, or clinical therapists of locally practiced folk medicine.

This section of the Bahrain Medical Bulletin will be devoted to “Talents in the Medical Profession” to show and exchange with others common interests and applied experience. Contributors are therefore welcomed to submit their presentation. This issue contains two poems titled “THE LOTUS” and “THE ROAD TO THE GOAL!”

The Chief Editor

THE LOTUS

Have you seen the Lotus flower blooming in the pond?
The water is static, mud-ridden and filthy in this pond.
From this dirty water arises the Lotus of the pond,
Its presence makes the pond, a beautiful pond!

The Lotus has pink or white, over a dozen petals,
The flower opens with the Sun and closes as the Sun settles.
Its huge, green leaves swim on the surface of water,
The stem is invisible, rooted deep inside the water.

Its real beauty however hasn't been described yet,
Throw tons of water on its leaves, they won't get wet.
Arising from water, living on it, yet they don't get wet,
This is true beauty- 'Live in the pond, don't get dirty or wet!'

Living in this world full of strife, upheavals and threats,
Staying unperturbed and calm is like not getting wet.
If you live like a lotus, what a full life that may be,
A smile adorns your face, happen whatever maybe.

There's a coating that covers and protects Lotus leaves,
It won't let water stay for a moment on these leaves.
If someone upsets or abuses you and you remain unaffected,
You have the right chemistry; you're like a Lotus well-perfected!

Take now the mirror, good or bad objects from it get reflected,
And it holds nothing, what is projected is soon deflected.
The lotus and the mirror both teach us this thing for free,
Stay unaffected, happen whatever may and wherever you may be.

Now look at a pendulum; disturb it a little and it goes on and on,
An unpleasant event happened long ago, and the pain is still going on?
Then you are more like a pendulum, peace is unlikely for you,
Try being like a lotus or mirror; just let go, to be a happy you!!

THE ROAD TO THE GOAL!

Just because the road is smooth, bright and straight,
You would take it, would you?
Just because the road is rough and full of puddles,
You would leave it, would you?

If all you look at is this before you start your journey,
If the state of the road is all that matters in your journey,
Be then prepared to be lead somewhere or just nowhere,
The road maybe made smooth to mislead you to nowhere.

The road is smooth, buttery, pleasure to drive, well OK!
But where will it lead you is that also OK?
The road is rough, ditch-ridden, horrible to drive, OK,
But if that is the road that leads you to your goal, say OK.

You choose well your goal, the target, the destination, dear,
Then choose the path, the road that best leads you there.
True, there may be many roads that lead to the goal,
Choose the one that suits 'you' to take you to 'your' goal.

However, often in life you aren't given any choice,
A road presents itself before you and seems the only choice.
You walked on it for quite a while, felt lost; the goal not in sight?
Leave the mistaken road, look for another, you'll find it, no fight!

Means are important but what is more important is the goal,
You may use great means but what if you haven't the right goal?
The road is important but not more important than the goal,

Choose first the right goal; then take the road that leads to the goal.

Bon voyage! Onward, onward to your goal!
Be on the road that leads you to your goal!

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